



To whom it may concern

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**Subject: New course on the neuroscientific basis of enduring change in
psychoanalysis**

Dear Colleagues,

It's my pleasure to inform you that a course is currently being taught here in Vienna that may interest you. Richard D. Lane, M.D., Ph.D., Professor of Psychiatry, Psychology and Neuroscience at the University of Arizona in Tucson, AZ is teaching a course as part of a 4-month Fulbright Fellowship hosted by the Freud Museum and the Department of Psychoanalysis and Psychotherapy at the Medical University of Vienna. The 12-session course is entitled "Memory Reconsolidation, Emotional Arousal and the Neuroscience of Enduring: Implications for Psychoanalysis." The course is based on a target article in Behavioral and Brain Sciences in 2015¹ and a book published by Oxford University Press in 2020². As we all know Freud dreamed of someday explaining psychoanalysis on a neuroscientific basis. A century later we are much closer to making that dream a reality. I am familiar with the material Dr. Lane is presenting and believe it is very cutting edge and has the potential to provide an evidence-based foundation for the change process in psychoanalysis. The course is offered free of charge. CME or CE credits are not available. If you are interested in receiving links to the zoom recordings of the sessions please send an email to me or Dr. Lane at lane@arizona.edu.

Sincerely,

Prof. Stephan Doering, M.D.

¹Lane RD, Ryan L, Nadel L, Greenberg L. Memory reconsolidation, emotional arousal and the process of change in psychotherapy: New insights from brain science. Behavioral and Brain Sciences 2015; 38:1–19.

²Neuroscience of Enduring Change: Implications for Psychotherapy. Edited by Lane R & Nadel L. New York, Oxford University Press, 2020.